



GIRLFRIENDS™ 2010

For Teen Girls, For Families, For Life

May 22, 2010

Stanford University
Alumni Center / 8:30 a.m.- 4:30 p.m.

**In Life there is not one path, one face, or one equation for success.
All that is needed is love, passion, and a belief that more is possible.**

GIRLFRIENDS is proud to announce a day of love, friendship, and inspiration. Mothers, mentors, and teens will come together and be motivated, challenged, and encouraged to do more for herself, her community, and her friends.

With the help of experts, panels, and community leaders this conference will enable the attendees to become anything and everything they want to be. There is no bond greater than the bond between women; unfortunately today media, society and empty promises have us pitted against each other. It is Girlfriends' goal to bring great women together and to prove together we can do more. With a belief in self and with the help of other women anything is possible.

Come experience the passion, the belief and the fight for More.

Girlfriends is proud to announce that our Conference will be hosted by....

Stanford University

"Alumni Center"
326 Galvez Street
Stanford, CA. 94305-6105

date / time:
May 22, 2010 / 8:30am-4:30pm

Parent Sessions:

PeaceBuilders for Parents

PeaceBuilders Parent workshops are designed to teach parents techniques to create a peaceful home and a positive learning experience for their child. The workshop is full of strategies and fun activities in which parents will learn techniques for positive parenting as well as creative ways to increase their child's pro-social skills through the use of the PeaceBuilders common language.

Teen Sessions:

Megan Fate—"Megan Hearts"

Dr. Tricia Wallace—Body Talk: Physical Changes, and Self Image

Amarillis Bonilla, Ericka Diaz,

Amber Johnson & Keionna Winbush – Girlfriends Panel

Stanford Athletes and Coaches

More speakers to come-visit the website to learn more

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Girlfriends is a nonprofit mentor group for girls from the ages of 11 to 18 years old building positive relationships, forming goals, and reaching for a lifetime of success.